

Check-ups are not just for *babies*. **Pre-teens** need them too.

Doctors recommend all
11 and 12 year olds get a
pre-teen check-up to monitor their
growth and screen for diabetes.



The check-up
is also the
perfect time
to get shots to
protect against
meningitis, flu,
whooping cough,
and cervical cancer.



Protect the **circle of life**. Schedule a check-up for your pre-teen **today**.

For more information, ask your
child's healthcare provider
or call **800-CDC-INFO** (800-232-4636)
Website: **www.cdc.gov/vaccines/preteen/aian**

